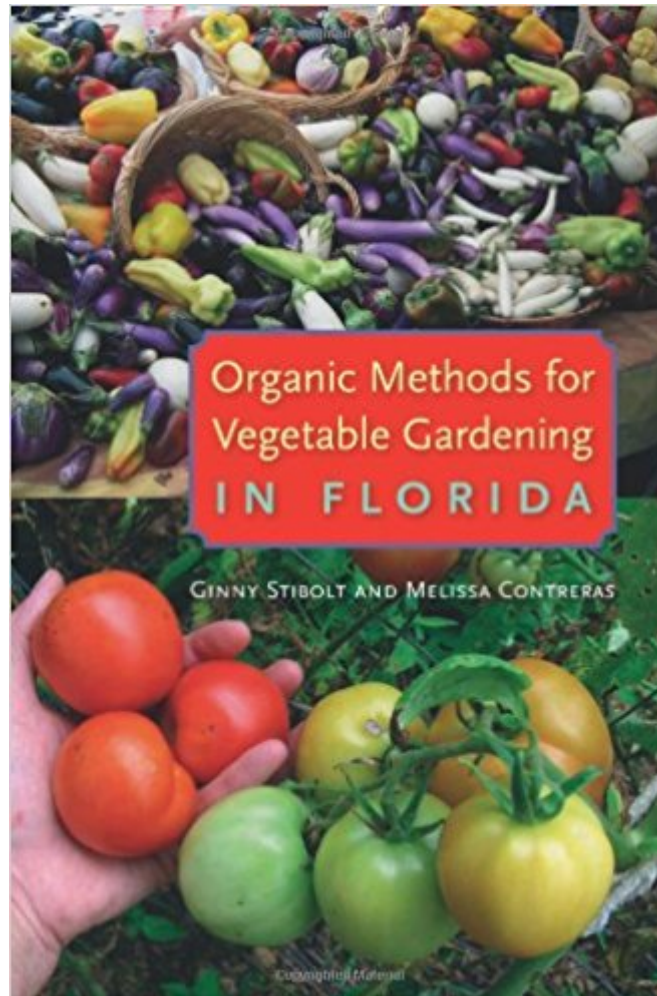




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Organic Methods For Vegetable Gardening In Florida



Synopsis

“A wonderful and well-researched book that describes all aspects of organic gardening, from seed to harvest, as well as how to gather seeds from your labors for subsequent years. This book will help you create a garden that will produce food for yourself and your family, whether you live in Florida or not.” --Nell Newman, president of Newman’s Own Organics “With demand and desire exploding for fresh, healthful, locally grown produce, Ginny and Melissa are right on time. Hold a copy close, dig a plot, and grow your own!” --Michel Nischan, president of Wholesome Wave “If you want to grow your own vegetables organically but are unsure how to get started” this is the book for you.” --Steve Christman, FloridaData.com “An excellent addition for any Floridian interested in raising food, either on a small-scale commercial basis or simply for the pleasure of seeing a garden grow.” --Marilyn E. Swisher, coeditor of *Managed Ecosystems: The Mesoamerican Experience* With food costs on the rise, people are turning to their own yards for affordable and delicious produce. In *Organic Methods for Vegetable Gardening in Florida*, expert botanist Ginny Stibolt and Master Gardener Melissa Contreras provide simple and accessible advice for successful, pesticide-free vegetable gardening in Florida, where soil types vary and mild winters do not clear out all pests. They offer suggestions for opportunities beyond the home garden, advice on what to do with over-abundant harvests, and tips for developing a community garden. They also address pest management, appropriate bed types, irrigation, seed saving, proper harvesting, and food safety. By providing information that helps people get closer to their food sources, Stibolt and Contreras have created an invaluable guide for everyday gardeners as well as small farmers who wish to expand their operations in order to participate in farmers markets or CSAs.

Book Information

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Customer Reviews

Ginny Stibolt, botanist, lifelong gardener, and garden-writer, is the author of *Sustainable Gardening for Florida*. Melissa Contreras is a Miami-Dade County Master Gardener and founder of the Urban Oasis Project.

Very excited to find a book about Florida specific organic gardening. The soil in Florida is so varied and the temps so high in summer is great to find a source that walks one through those obstacles. The book list planting times and methods for the various Florida regions as well as telling you what not to bother with in the garden. I'm finding a fabulous source of information. I'm updating my review since I've now had the book for several months. Poor book is so dog-eared from me dragging it outside and reading and re-reading. I can not say enough good things about how helpful this book has been. If you live in Florida and you want to garden this will be your go to guide.

Florida gardening is a completely different ball game from the rest of our country! This is a thoroughly concise work devoted to vegetable gardening in the north, central, & southern sections of Florida. Covers planting guides, plant families, crop rotations, pest/diseases. Rich resources & index. It's my go-to book for all my Florida vegetable gardening questions.

Unlike so many books on Florida gardening, this one doesn't end at the lake. It gives realistic, practical advice for FL gardeners anywhere in the state and I used it as soon as I got it. I wanted to know when to harvest my pineapple and they had the answer. Thank you for not forgetting the southern tip.

I am participating in a community garden at my church to give the vegetables we grow to the needy who also get food from our food bank. Since I live in Central Florida I found the most helpful part of the book was the section about what to plant in Central Florida. Also, I haven't had a vegetable garden for 35 years so I found this book a good refresher course.

I have been organic gardening all along but didn't always find what to do if being over run by aphids.

Insects are the biggest problem in Gardening in Florida. This is the first book I found on organic vegetable gardening, always before they were talking about flower gardening.

Still reading this one but its so far is what I was looking for. Living in the North all my life I was having problems figuring out how to grow things in the tropical south Florida environment...

Essential reading for Florida vegetable gardeners. The book extensively covers the unique challenges and opportunities in Florida gardening.

This book helps flesh out my other other book on Florida edible plants. It gives me a bit more in-depth info tht the other book lacks.

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